

A BILL

FOR

AN ACT TO AMEND THE PUBLIC HOLIDAYS ACT, CAP. P40, LAWS OF THE
FEDERATION OF NIGERIA, 2010, AND FOR MATTERS CONNECTED
THEREWITH

Sponsored by Senator

[] Commencement

BE IT ENACTED by the National Assembly of the Federal
Republic of Nigeria as follows:

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| 1 | 1. The Public Holidays Act (in this Act referred to as "the Principal | Amendment of |
| 2 | Act") is hereby amended as set out in this Bill. | Cap. P40 LFN,
2010 |
| 3 | 2. There shall be inserted immediately after Section 6 of the | Insertion of new |
| 4 | Principal Act, the following new Section 7, that is: | Section 7 |
| 5 | 7. National Day to promote health and fitness for all Nigerians. | |
| 6 | (1) "Notwithstanding the following provisions there shall be a | National day to |
| 7 | Public Holiday set out as a National day for health and fitness for all | promote Health
and Fitness |
| 8 | Nigerians". | |
| 9 | (2) "The National day shall be to create awareness on the benefit of | Need for |
| 10 | fitness and to encourage Nigerians to increase their level of physical | physical fitness |
| 11 | activities, as a means of contributing to their own health and wellbeing". | |
| 12 | (3) "With respect to the provisions of sub sections (1) and (2) of this | Date of Public |
| 13 | Section, the 2nd Saturday of July, every year is hereby declared as the | Holiday |
| 14 | National Health and Fitness day". | |
| 15 | (4) "Nothing in the provision of this section shall preclude the | Government's |
| 16 | Ministry of Health and relevant associations to proffer free support, | participation |
| 17 | seminars, campaigns, examinations and other services to citizens, on the | |
| 18 | National Health Day, provided that such services are only to improve and | |
| 19 | safeguard the health of Nigerians". | |

Short Title 1 3. 8. This Act may be cited as the Public Holidays Act (Amendment)
 2 Bill, 2015.

3 4. The Schedule to Section 1 of the Principal Act is amended thus:

4 THE SCHEDULE

5 1. New year's Day

6 2. Good Friday

7 3. Easter Monday

8 4. Worker's Day (1 May)

9 5. Democracy Day (29 May)

10 6. National Health and Fitness Day

11 (Second Saturday of July, every year)

12 7. National Day (1 October)

13 8. Christmas Day

14 9. Such a day as the Minister may declare to be a public holiday in
 15 celebration of the Muslim festival of Id el Fitr.

16 10. Such a day as the Minister may declare to be a public holiday in
 17 celebration of the Muslim festival of Id el Kabir.

18 11. Such a day as the Minister may declare to be a public holiday in
 19 celebration of the birthday of the Prophet Mohammed (Id el Maulud).

EXPLANATORY MEMORANDUM

This Bill seeks to amend the Public Holidays Act Cap. P40 LFN 2010 to, among other things, heighten public awareness among Nigerians, on the importance of fitness as a panacea to the rising scourge of obesity, lowered life expectancy ratio and other resultant life-threatening diseases such as cancer, cardiac and renal failure, infertility and many more.